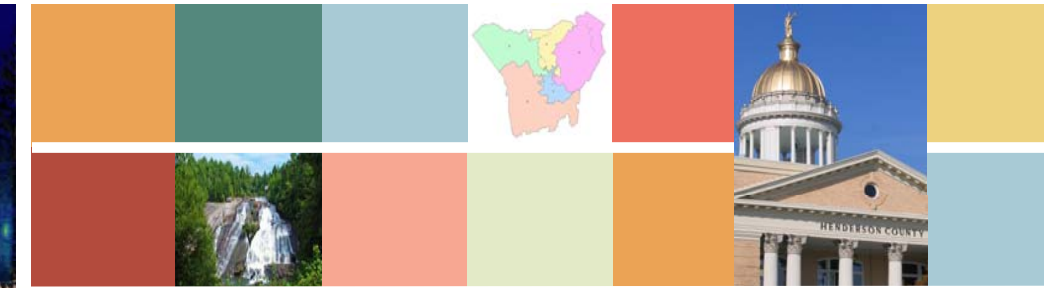


## Henderson County Logo Design Contest Voting

Three finalists (see logos below) have been chosen from the submissions for the county logo design contest. Beginning Monday, August 2 citizens of Henderson County will have the opportunity to vote for their favorite logo. This logo will represent Henderson County Government, not to be confused with the seal which represents Henderson County (the seal will remain the same). If you would like to see the finalists and vote on your favorite please visit the Henderson County Homepage ([www.hendersoncountync.org](http://www.hendersoncountync.org)) and click on the "Logo Design Contest Voting Link". Only one vote per computer is allowed. Voting will close at 11:59 p.m. on Tuesday, August 31st. The winner will be announced shortly after.



August 2, 2010

# Henderson County Government

August is National Immunization Awareness Month

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IMMUNIZATION IS ONE OF THE MOST SIGNIFICANT PUBLIC HEALTH ACHIEVEMENTS OF THE 20TH CENTURY. VACCINES HAVE ERADICATED SMALLPOX, ELIMINATED POLIO IN THE UNITED STATES AND SIGNIFICANTLY REDUCED THE NUMBER OF CASES OF MEASLES, DIPHTHERIA, RUBELLA, PERTUSSIS (WHOOPING COUGH) AND OTHER DISEASES. BUT DESPITE THESE EFFORTS, PEOPLE IN THE U.S. STILL DIE FROM THESE AND OTHER VACCINE-PREVENTABLE DISEASES.

Vaccines offer safe and effective protection from infectious diseases. By staying up-to-date on the recommended vaccines, individuals can protect themselves, their families and friends and their communities from serious, life-threatening infections.

Getting immunized is a lifelong, life-protecting community effort regardless of age, sex, race, ethnic background or country of origin. Recommended vaccinations begin soon after birth and continue throughout life. Being aware of the vaccines that are recommended for infants, children, adolescents, adults of all ages and seniors, and making sure that we receive these immunizations, are critical to protecting ourselves and our communities from disease.

Because children are particularly vulnerable to infection, most vaccines are given during the first six years of life. Other immunizations are recommended during adolescent or adult years and, for certain vaccines, booster immunizations are recommended throughout life. Vaccines against certain diseases that may be encountered when traveling outside of the U.S. are recommended for travelers to specific regions of the world.

We don't vaccinate just to protect our children. We also vaccinate to protect our grandchildren and their grandchildren. Vaccinations helped to eradicate smallpox; our children don't have to get smallpox shots anymore because the disease no longer exists. If we keep vaccinating now, parents in the future may be able to trust that diseases like polio and meningitis won't infect, cripple, or kill children. Vaccinations are one of the best ways to put an end to the serious effects of certain diseases.

If you have questions about what vaccines you or your family might need, contact your health care provider.

NEWSLETTER CREATED BY  
CHRISTINA DESTEFANO,  
HENDERSON COUNTY  
PUBLIC INFORMATION  
OFFICER

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HENDERSONVILLE, NC 28792 • (828) 694-5003

# Sales Tax Exempt Holiday Weekend

**THE NORTH CAROLINA DEPARTMENT OF REVENUE IS ENACTING A SALES TAX HOLIDAY. IT WILL BEGIN AT 12:01 A.M. ON FRIDAY, AUGUST 6 AND END AT 11:59 P.M. ON SUNDAY, AUGUST 8.**

## The following items will be exempt from sales tax:

- clothing, footwear, and school supplies of \$100 or less per item
- school instructional materials of \$300 or less per item
- sports and recreation equipment of \$50 or less per item
- computers of \$3,500 or less per item
- computer supplies of \$250 or less per item



### 1. Clothing with a sales price of one hundred dollars or less per item.

"Clothing" is defined as all human wearing apparel suitable for general use including coats, jackets, hats, hosiery, scarves, and shoes. The items listed below are included in the term and are therefore exempt from tax during the sales tax holiday period if the sales price of the item is \$100 or less. This list is not all-inclusive:

- Aprons, household and shop
- Athletic supporters
- Baby receiving blankets
- Bandannas
- Bathing suits and caps; beach capes and coats
- Belts and suspenders
- Boots; overshoes
- Coats, jackets, capes, and wraps
- Costumes (does not include costume masks sold separately)
- Diapers (children and adults, including disposables)
- Earmuffs; gloves and mittens for general use; hats and caps; hosiery; scarves
- Formal wear (does not include rentals)
- Garters and garter belts; girdles; leotards and tights; panty hose; socks; stockings and footlets; underwear
- Insoles for shoes
- Jogging suits
- Lab coats
- Neckties
- Rainwear
- Rubber pants
- Sandals; shoes and shoelaces; slippers; sneakers; steel-toed shoes
- Uniforms (athletic and nonathletic when purchases for nonbusiness use)
- Wedding apparel (does not include rentals)



### 2. Sport or recreational equipment with a sales price of fifty dollars or less per item.

"Sport or recreational equipment" is defined as items designed for human use and worn in conjunction with an athletic or recreational activity that are not suitable for general use. The items listed below are included in the term and therefore exempt from tax during the holiday period if the sales price of the item is \$50 or less. This list is not all-inclusive:

- Ballet and tap shoes
- Cleated or spiked athletic shoes
- Gloves (baseball, bowling, boxing, hockey, gold, and other sports)
- Goggles
- Hand and elbow guards
- Helmets (bicycle, skating, baseball, and other sports)
- Life preservers and vests
- Mouth guards
- Roller and ice skates
- Shin guards
- Shoulder pads
- Ski boots
- Waders, wetsuits, and fins



### 3. Computers with a sales price of three thousand five hundred dollars or less per item.

A "computer" is an electronic device that accepts information in digital or similar form and manipulates it for a result based on a sequence of instructions. For purposes of the exemption during the sales tax holiday, a computer includes a central processing unit, monitor, keyboards, mouse, and speakers since these items are deemed to be necessary in the operation of the computer. The separate sale of a monitor, keyboard, mouse, or speakers is

subject to the applicable tax when the item is not sold in conjunction with a central processing unit. Peripherals are not considered part of a computer and are subject to the applicable tax notwithstanding that they may be sold with the computer as a package. Peripherals must be separately stated on the invoice and the appropriate tax charged on those items.



### 4. Computer supplies with a sales price of two hundred fifty dollars or less per item.

A "computer supply" is an item commonly used by a student in a course of study in which a computer is used. The items listed below are included in the term and are therefore exempt from tax during the holiday period if the sales price of the item is \$250 or less. **This list is all-inclusive:**

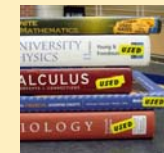
- Computer storage media, including diskettes and compact disks
- Handheld electronic schedulers, except devices that are cellular phones
- Personal digital assistants, except devices that are cellular phones
- Computer printers
- Printer supplies for computers, including printer paper and printer ink



### 5. School supplies with a sales price of one hundred dollars or less per item.

A "school supply" is an item commonly used by a student in a course of study; the term includes school art supplies and school instructional materials. The items listed below are included in the term and therefore exempt from tax during the holiday period if the sales price of the item is \$100 or less. **This list is all-inclusive:**

- Binders
- Blackboard chalk
- Book bags
- Calculators
- Cellophane tape
- Clay and glazes
- Compasses
- Composition books
- Crayons
- Erasers
- Folders (expandable, pocket, plastic, and manila)
- Glue, paste, and paste sticks
- Highlighters
- Index card boxes
- Index cards
- Legal pads
- Lunch boxes
- Markers
- Notebooks
- Paintbrushes for artwork
- Paints (acrylic, tempura, and oil)
- Paper (loose leaf ruled notebook paper, copy paper, graph paper, tracing paper, manila paper, colored paper, poster board, and construction paper)
- Pencil boxes and other school supply boxes
- Pencils
- Pens
- Protractors
- Rulers
- Scissors
- Sketch and drawing pads
- Watercolors
- Writing tablets



### 6. School instructional materials with a sales price of three hundred dollars or less per item.

"School instructional material" is written material commonly used by a student in a course of study as a reference and to learn the subject being taught. The term is mutually exclusive of the terms "school supply" and "computer supply." The items listed below are included in the term and are therefore exempt from tax during the holiday period if the sales price of the item is \$300 or less per item. (Prior to the 2008 holiday, these items were categorized as "school supplies" and were exempt during the holiday period if the sales price of the items was \$100 or less per item.) **This list is all-inclusive:**

- Reference books
- Reference maps and globes
- Textbooks
- Workbooks

If you have any questions, please contact the Western North Carolina Department of Revenue Office at 828.327.2727.

## It's a Fact:

The naming of tropical storms and hurricanes began in 1953 when the National Weather Service gave the storms female names. Then in 1979, to go along with the times, the National Hurricane Center began to issue both male and female names. They used a rotating list of storm names over a six year cycle, and then recycle the list every six years unless, a storm or hurricane name is retired.

## Tropical Storm Preparedness

North Carolina and three other southern states lead the nation in the number of billion-dollar, weather-related disasters since 1980. Most of those disasters are tropical-storm related. Henderson County has been affected by numerous tropical storms, the most recent being Hurricanes Francis and Ivan in September 2004. Most tropical systems that affect WNC are from the Gulf region.

Always have a family emergency plan in place and an emergency supplies kit assembled.

### Tropical Storm Preparedness Tips

- Plan your evacuation and alternate travel routes to avoid flooded roads.
- Don't get caught by surprise. There is not enough time to think of everything you need to do when a tropical system is affecting our area.
- As the storm moves closer, monitor weather reports frequently.
- Listen for Tropical Storm watches and warnings.
- Put fuel in all vehicles and withdraw some cash from the bank. Gas stations and banks may be closed due to power outages.
- Avoid flooded or washed-out roads. Just a few inches of water can float a car. Remember: Turn Around, Don't Drown.
- Be sure trees around your home are well trimmed.
- Secure any loose items around your home.
- Clear loose and clogged rain gutters and downspouts.



## Henderson County Receives "Eat Smart, Move More" Grant

The Henderson County Department of Public Health has received an *Eat Smart, Move More* community grant for 2010-2012 to fund local physical activity projects targeting youth ages 9 to 14.

The Henderson County Dana and Upward Elementary Schools projects will give students more choices to get active through expanded physical education classes and running groups. Fitness and yoga classes will be offered to staff at each school. Working with local Boy Scout troops, the Dana Elementary School walking trail will be refurbished to help students move more and provide a multi-use trail for local residents in the Dana community. In addition, new policies at each school will increase physical education time and look at ways to reward students using non-food rewards.

For the first time, the *Eat Smart, Move More NC* community grants are being awarded for a two-year cycle to study the impact the grants are having in the communities that receive them. The Robert Wood Johnson Foundation awarded funding in the fall of 2009 to the NC Division of Public Health's Physical Activity and Nutrition Branch to work with East Carolina University's Department of Public Health in evaluating the program. Henderson County will receive funding for data collection in 2010-2012 and for program implementation in 2011-2012.

North Carolina ranks 10th in the nation in overweight and obese adolescents. The percentage of children and adults who are overweight or obese rises each year and despite advances in medicine, the current generation of children may be the first to live shorter lives than their parents. *Eat Smart, Move More NC* strives to reverse this trend by making the healthy choice the easy choice.

The NC Division of Public Health funded 20 county/district health departments for the two-year grant cycle. The *Eat Smart, Move More NC* community grants support the *Eat Smart, Move More North Carolina* movement and *Eat Smart, Move More: North Carolina's Plan to Prevent Overweight, Obesity and Related Chronic Disease*, the state's obesity prevention plan. This plan emphasizes strategies that make healthier eating and increased physical activity easier to achieve by, for example, adding walking paths in neighborhoods or around schools, or changing what foods a school can serve both at lunch and for after-school snacks.

For more information on Henderson County's project, contact Linda Charping at 694.5003.

## August 2010 Calendar of County Events

- August 2 12:00 p.m. Dr. Jones 90th birthday party
- August 2 5:30 p.m. Commissioners' Meeting
- August 3 5:00 p.m. Pre-Harvest Apple Tour/Supper (Richmond County)
- August 4 6:00 p.m. 4-H Summer Picnic (Jackson Park)
- August 8-11 D.A.R.E. Camp
- August 9-19 10 a.m.-12 p.m. 4-H Quilting Camp (M, Tu., Th.)
- August 10 8:30 a.m.-3p.m. Carolina Canopy Workshop (NC Arboretum)
- August 12-15 D.A.R.E. Camp
- August 14 10 a.m.-2p.m. 4-H Solar Car Workshop
- August 18 9:00 a.m. Commissioners' Meeting
- August 19 Annual Fresh Market Vegetable and Tomato Field Day (Mountain Horticultural Crops Research Center, Mills River)
- August 26 3 p.m.-5 p.m. IPM for Green Industry Professionals
- September 3 8:30 a.m. Apple Recipe Contest (First Citizens Plaza, Main Street)
- September 3-6 Apple Festival

## The Bountiful Harvest Community Garden

Community gardens provide access to fresh produce and plants as well as access to satisfying labor, neighborhood improvement, sense of community and connection to the environment. Community gardens provide other social benefits, such as the sharing of food production knowledge with the wider community and safer living spaces. It has been found that active communities experience less crime and vandalism.

The Bountiful Harvest Community Garden is sponsored and coordinated by NC Cooperative Extension and Henderson County Master Gardener Volunteers. Located in Jackson Park, this garden is accessible to Henderson County residents as a place to raise fresh fruit, vegetable, and herb plants, if there is no space is available near their home. The garden is financially supported by community donations and maintained solely by volunteer and gardener manpower.

The Community Garden was developed in 2009 and completed the year successfully with all 25 plots being tended and providing fresh produce to their gardener. Each gardener harvested approximately 150 pounds of produce which valued at \$3.00 pound equals a potential value of the produce reaching \$11,250.00. When evaluated, we found that 82% improved

and an added bonus was that 82% actually saved money by gardening in the Bountiful Harvest Community Garden.

The warm temperatures and frequent rains that began the year have guaranteed lush growth within the garden. As of the end of June, over 75 pounds of produce has been donated to Interfaith Assistance Ministries and plot owners are harvesting beans, squash, and zucchini by the bucket full for personal use.



Henderson County Master Gardener Volunteers started the 2010 growing season with a waiting list of residents hoping to grow their favorite crop within the garden. About 80% of last years gardeners returned to play in the dirt this year. The Community Garden will continue next year as well. If you are interested in participating next year, contact

Ivy Olson (828/697-4891) to be put on the waiting list. Plots will be assigned in November of this year for 2011.

If you have not had the opportunity to visit a functioning community garden, be sure to stop by the Bountiful Harvest Community Garden in Jackson Park and see what the excitement is about.

## Parks and Recreation Upcoming Activities

- **Challenger British Soccer Camp** - The #1 Soccer Camp in the United States and Canada is coming to Jackson Park
- August 9-13
- Ages 3-14
- \$67-\$160/week
- www.challengersports.com

### Fall Youth Recreation Soccer

- Ages U6-U18
- \$70 fee, includes new uniform and NCYSA membership
- New players must submit proof of age

### Monday Night Run Series (Sponsored by H CPRD & FootRX)

- **Race 3, August 9** - Park to Park 5 miler, begins at 6:30 p.m.
- \$15 fee, includes free tech shirt for pre-registrations or register on site at 5:30 p.m.
- Awards for Top 3 & age groups provided by FootRX